



## Newsletter – February 2020

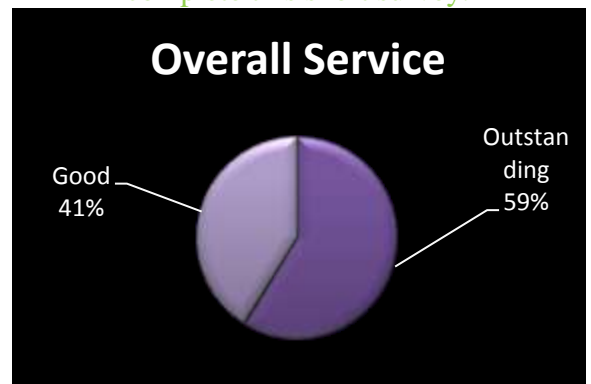
# HELLO

Welcome to our February 2020 edition of Little Flyers Newsletter. We've had a busy term back. We'd like to welcome all of the new children and parents. We are really pleased with how all of the new children have settled so far.

The purpose of this news letter is to feedback our news and ideas so that we can ensure that everything is communicated to our parents and children.

### PARENTAL INVOLVEMENT:

We have set up a questionnaire online; hopefully you have all seen the link on our email, Facebook or Twitter page. We have received a good amount of feedback and overall parents think that our setting offers a good or outstanding service, which is fantastic news. Thank you for taking the time to complete this short survey.



### STRUCTURE OF OUR SESSIONS

We have introduced some different weekly activities; we are working on a timetable enabling us to be able to offer a variety of set activities which we hope will interest all of the children.

At the end of January we started Dance Fitness with Hannah and Shelley, we manage a full 45 minute session with approximately 20 children joining in!!! We are very impressed with the children's rhythm and moves!



### JUNK / RECYCLING / SCRAP PAPER

Please can you bring in your recycling for our junk modelling collection!!



**READING/HOMEWORK** – We will be dedicating one night a week for homework and reading (Thursday) where there will a team member either listening to reading and helping the children if needed, this will be between 3.30-4pm every Thursday.

**FOOD – WHAT WE OFFER:**

We currently offer a hot meal along with a pudding or fruit. Our menu is available online and outside the club internal door. Please note that we do not charge extra for food this is something that I am happy to be able to offer to make our childcare services as convenient and affordable for parents.

I want to ensure that the children are offered something hot and nutritious.

Other Out of School providers or Childminders will tend to only offer a piece of toast or fruit or ask parents to provide their own food. We aim to cater for all allergies, needs and dietary requirements of the children which on occasion can be tricky!

Bearing this in mind, I have been speaking to the children asking for feedback on the food that we offer and have produced an ideas sheet (although some of the food isn't as healthy as we'd actually serve!). If any parents have any other suggestions then please feel free to have a chat and we can discuss your ideas.

Many Thanks, Shelley

**FEBRUARY HALF TERM:**

**HALF TERM WEEK IS WEEK COMMENCING 17<sup>TH</sup> February**

**We will be planning an outing for Wednesday so please book your space now!**

Booking forms are available from the register desk or online -

[www.littleflyersstokenchurch.co.uk](http://www.littleflyersstokenchurch.co.uk)

**BREAKFAST CLUB**

**At breakfast club we currently serve a range of cereals, toast, fruit and yoghurts. Once or twice a week we offer something hot for the children – i.e. baked beans, sausages, pancakes or eggs.**

**We have 3 start times available every Morning which are 7.15, 7.30 and 7.45. Please message us if you require any additional hours.**



**CLUB PLAN:**

**Monday – Art Club**  
**Tuesday – Games Night**  
**Wednesday – Outdoor**  
**Explore/Sensory**  
**Thursday – MUSIC FITNESS**  
**Friday – Baking Night**  
 (we will have more outside time when the afternoons become lighter and ground is dryer)  
 We can store Wellington boots or a change of footwear if you would like your child to change footwear in the muddier months!

**Club Charges**

Please be aware that if you have booked a session (breakfast, afterschool or holiday club) then you will be charged whether the child attends or not. I am happy to swap on occasion if we have spaces but we will need the required notice periods for any cancellations (1 month). This is in line with every other business and childcare provider.

Many Thanks.

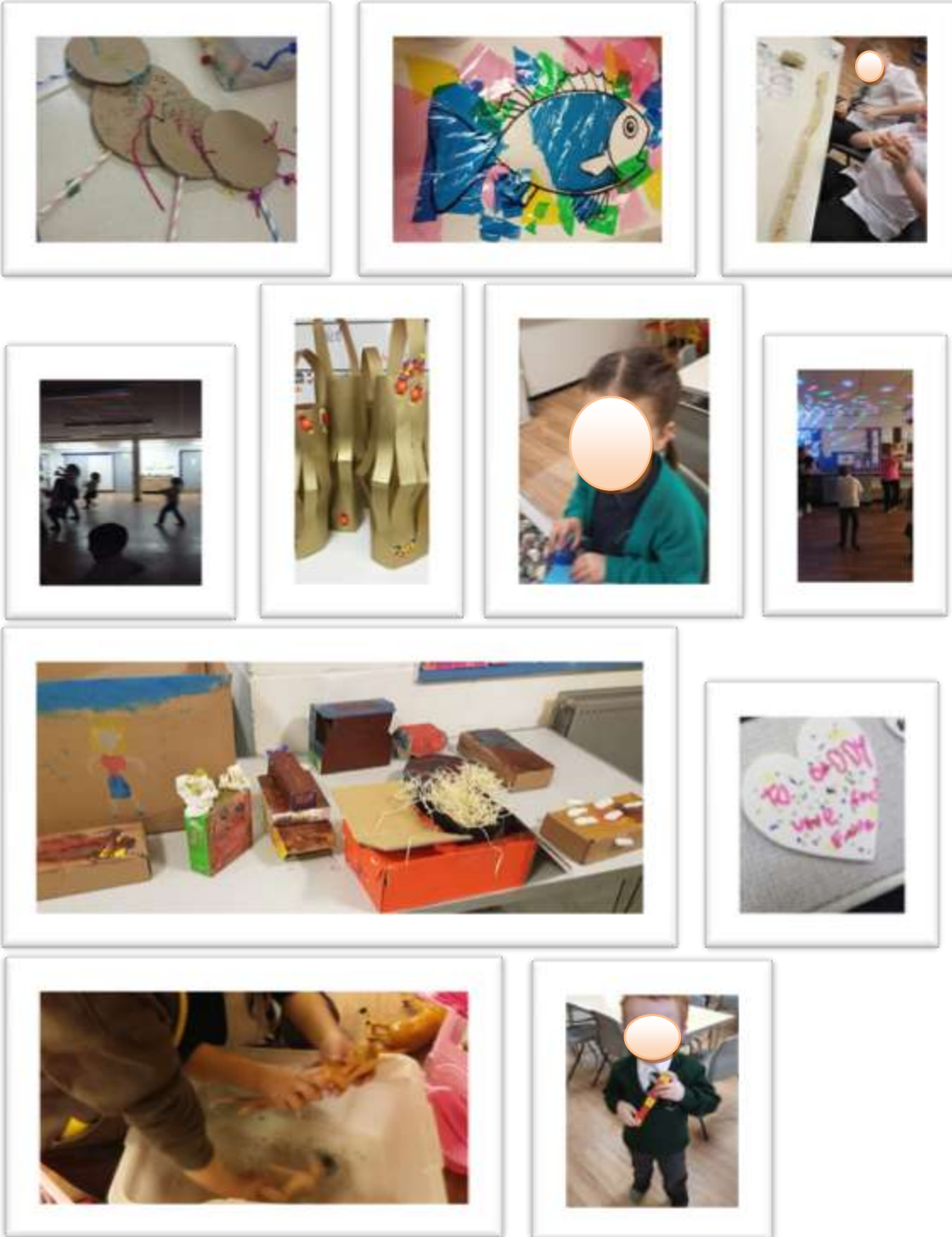
**FOOD – FEEDBACK FROM CHILDREN:**

- Children enjoy wraps but they would like some hot fillings so either enchiladas or chicken nuggets as well as the salad (at the moment we offer Tuna/Sweetcorn, Ham, Chicken breast and Cheese).
- Children would like Smoothies or juices, I have said that we can do this as an activity on baking day where they can help make their own juice or smoothie!
  - More spaghetti and noodles on the menu!
    - Burgers!
    - Cheesy Chips!
  - Sausages! (we do offer sausages every few weeks)
- Pizza night (this would need to be on a Wednesday or Friday when we are quieter)
- Roast Dinner (we do this occasionally but will look at putting this on every week)
  - No veg in the pasta sauce!
    - Ice cream!
  - Vegetarian fish fingers!
    - Cookies!
  - Yum yum donuts!
  - McDonalds!
  - Sponge Cake!
  - Big Chocolate Cake!

Obviously some of the food ideas listed above are treat foods which I have explained to the children, that we can occasionally offer these, but it wouldn't be 'a menu' option as we need to have a healthy balanced menu. However to encourage child participation we are able to offer some of these foods on a holiday club or on a baking night.

We are pleased that we offer seasonal fruit and vegetables each day this means that the menu does change every half term depending on what is currently available.

*Photograph's from January/February:*



**Thank you for reading our newsletter,  
All views, comments and feedback welcome! The Little Flyers Team**